

651-392-5750 8160 Coller Way Ste E Woodbury, MN 55125

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am-11:00am All Levels Jiu-Jitsu Any Attire		10:00am-11:00am All Levels Jiu-Jitsu Any Attire		10:00am-11:00am All Levels Jiu-Jitsu Any Attire	9:30am-10:15am Youth Jiu-Jitsu Ages 5-15
4:45pm-5:30pm Youth Jiu-Jitsu Ages 5-15  5:30pm-6:30pm BJJ Fundamentals Gi  6:30pm-8:00pm Advanced Jiu-Jitsu Any Attire	5:30pm-6:30pm SubG Fundamentals Nogi 6:30pm-8:00pm Advanced Jiu-Jitsu Any Attire	4:45pm-5:30pm Youth Jiu-Jitsu Ages 5-15  5:30pm-6:30pm BJJ Fundamentals Gi  6:30pm-8:00pm Advanced Jiu-Jitsu Any Attire	5:30pm-6:30pm SubG Fundamentals Nogi 6:30pm-8:00pm Advanced Jiu-Jitsu Any Attire	5:30pm-8:00pm Open Mat All welcome	11:30am-1:30pm Open Mat All Welcome
Open 9:45am-11:00am 4:30pm-8:00pm	Open 5:15pm-8:00pm	Open 9:45am-11:00am 4:30pm-8:00pm	Open 5:15pm-8:00pm	Open 9:45am-11:00am 5:15pm-8:00pm	Open 9:15am-1:30pm